

# DIII Mental Health Session

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# SWOT ANALYSIS

## STRENGTHS

What does your University do that you believe is a strength(s) regarding student-athlete mental health?

## WEAKNESSES

Where can your University do better? What recommendation(s) can you make regarding how to improve?

## OPPORTUNITIES

Where are the opportunities to turn a Weakness into a Strength? What could be your recommendation(s)?

## THREATS

What are your challenges in advocating for improvements and how can you lead the effort to overcome these threats?